

STRESS MANAGEMENT SUPPORT GROUP FOR ENTREPRENEURS & BUSINESS OWNERS

**WORRIED ABOUT YOUR FUTURE?
CRAVING A COMMUNITY OF PEOPLE WHO GET IT?
NOT SURE HOW TO MANAGE YOUR STRESS RIGHT NOW?**



30% Off Regular Price

- \$50 per week
- 75-minute group
- Online
- Initial 6 week commitment
with an option to continue

Facilitated by Karin Lawson, PsyD & Chris Pflughaar, MA

To read FAQs about this group, [click here!](#)

Contact Dr. Karin Lawson at Karin@DrKarinLawson.com to discuss reserving your spot.